





# International seminar of route-setting and rockclimbing Festival Burabai "On-sight Marathon 2010" Date: 15-25 July 2010

Place: Kazakhstan, Akmolin region, Burabai. Nearest international airport - Astana — 250km.

Ideology:

- Developing a new rocky area for climbing in Kazakhstan
  new routes new sectors new country?
- Exchange of experience & cultures
- Creating teams of route setters for making and maintaining routes.
- Promoting rockclimbing in Kazakhstan climbing with local climbers and international guests
- Promoting healthy sporting lifestyle

### Organisation:

Climbing Federation of Russia, with Kazakhstan support of Alpine and climbing Federation of Kazakhstan with UIAA Youth Commission representative Alex Klenov.

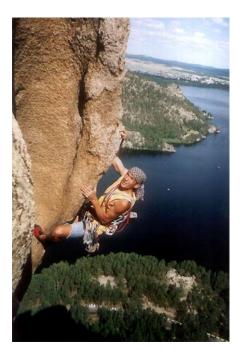
Leader and the head of organizing committee – Alexander Klenov

The equipment support: "SKALA", «MANARAGA»

Seminar and Festival "On-sight Marathon" is one of the significant parts of Klenov's social program "Rocks for everybody"

### Program:

The program is aimed at climbers, alpine climbers, tourists with experience in climbing and for everybody who is keen on active rest. All material included in the program is based on the official documents and standards of UIAA and experience of the head of organizing committee and an international routesetter – Alexander Klenov. There is an opportunity to develop new routes, both traditional style and sport.



## International seminar of route setting in the natural rocks

### Program:

 Ethics of routesetting Exchange of experience Conducting training for participants according to international standards of safety Estimating route difficulty Practical route-setting, Participating in Festival

# "On-sight Marathon 2010"

### Plan of the seminar — Itinerary:

1st day- Arrival, accommodation and technical meeting, climbing. Assessing climbing level of climbing of the participants.

2<sup>nd</sup> day - Conducting training on organizing belaying, fixing the rope on the rocks, improving skills for safe climbing and descending using fixed rope. Creating teams for further training.

3<sup>rd</sup> day. Placing a fixed rope (based on previous training). General safety rules. Cleaning rocks, using and placing the climbing equipment.

4<sup>th</sup> day. Finishing preparatory cleaning. Testing and choosing the line of routes.

5<sup>th</sup> day. General principles of fixings bolts for lead climbing. Marking the positions of bolts on the routes. Developing the skills of working with a drill and giving rules, methods of fixing bolts.

6<sup>th</sup> day. Fixing bolts. Discussion.

7<sup>th</sup> day. Testing prepared routes, final cleaning, final estimation of difficulty.

8<sup>th</sup> Drawing the maps of the routes (TOPO), naming the routes, preparing the routes for climbing on rock festival.

9-10<sup>th</sup> Participation in rocks festival "On-sight Marathon", analyzing the results, briefings, departure.



## Cultural program:

Daily slideshows CD, DVD, video, photo equipment is provided. Your pictures and films are welcome – please bring them! Daily discussions and climbing tales and the like.

Traditional Bards music festival «Sinegorie».

## What is included Accommodation and what is provided for :

Costs per<br/>seminar<br/>participant250 euro<br/>The price includes: visa<br/>support, food at the meet,<br/>camping fees in natural<br/>park, training, participation<br/>in festival programme

### Participant requirements:

- 1. Age 18-30 years
- 2. Interest in development of rock climbing.
- 3. Insurance
- 4. Minimum level of lead climbing 6a "on-sight", 6b «after work»
- 5. Being able to lead belay, tie in and abseil safely.

Contacts: vaklen ru@yahoo.com Alex Klenov

Payment is due in cash on arrival. Any gueries ask contact Alex Klenov.

# Rockclimbing Festival - « On-sight marathon»

### Dates : 23-25 July 2010

### Place : Kazakhstan Kokshetau region , the nearest airport Astana 250km

### Program:

23<sup>rd</sup> of July - arrival, accommodation, registration. Application forms are accepted in the base camp from 18.00 to 21.00. Please, send interim applications to vaklen ru@vahoo.com before the  $10^{\text{th}}$  of July 2010.

#### 24<sup>th</sup> of July (9.00)

«On — sight marathon» class A — Men and Women

Difficult on-sight climbing with isolation zone. The winner is determined according to the total height of all the finished routes (three-four). If the result is the same, the winner will be defined according to the time spent on all the routes.

### 25<sup>th</sup> of July (9.00)

"Big wall speed competition" - competition of teams (pair link) for passing the multipitch route. In pair linked climbing climbers pass a specially prepared route, marked by the judges. The route is passed with mutual belay with obligatory alternate leads (leading through). Those who have finished the route are ranked according to the time spent, the others according to highest point reached by the leader of the pair.

At the same time - competition for beginners class B - difficult climbing (ranked according to the time spent), - one route with a top rope belay.

After finishing - award and closing ceremony.

### Candidate requirements:

1. Life insurance and medical pass. Participants should get themselves insurance for accident, rescue, third party liability and travel which is valid for participating in the program of climbing and other events inKazakhstan. This cover note of insurance should be presented to the organizers on arrival.

- 2. Having helmets and equipment for rock climbing
- A class climbers with experience of lead climbing B class — beginners.
   "Big wall speed competition" – The age above 18 years, alpine climbers, climbers with multipitch experience.
- 4. Recommended having all necessary things for staying in a camp (tents, sleeping bags and the like) and necessary equipment for cooking (gas stoves, burners, primus stoves)

**Safety:** The participants provide their safety themselves (they belay each other on the routes), so they must have appropriate skills of dealing with belaying and they must also have their own equipment that corresponds to the requirements of UIAA.

**Scoring and rewarding:** The winners of the competition are defined by the main board of judges according to the regulations. Rewarding is financed by organizers and sponsors.

**Financing:** Financing support is provided by sponsors and organizers. Transfer, accommodation and meals for participants is financed by the sending organization.

# Area information:

### Burabai

Kazakhstani Switzerland is the second name given to Burabai, Kokshetau region, which is in the Northern Kazakhstan.

Amidst the yellow scorched unending steppe you just encounter the green wall of forest. It harbors wonders: hillocks overgrown with trees, stony ridges, fantastical heaps of rocks like fairy giants and ghosts as silent as bewitched lakes. This mysterious land is Burabai.

"Bura " in Kazakh stands for camel. There is an old legend about prophetic camel, which used to live in Burabai neighborhood. Honey herbage didn't blunt his instinct for an instant – it was he who was the first to anticipate the people's awful lot and then he turned to a tulpar (horse) and flew to the peak of Kokshetau thus averting people from the coming misfortune.

Old ship timbers and quiet lakes, full of fish and animals, served for many centuries as a refuge for people. On the territory of Burabai archeologists found the armory of primeval bronze epoch. Excavation of settlements and burial moulds belonging to bronze epoch testify to the fact that Burabai was resided not only by hunters, but also by the farmers and cattle breeders. Scythian tribes involved in gold and ore mining didn't but passes this oasis.

Burabai lacks any monuments of material culture. But its legends, nature do impress as some grand castles and palaces. The nature kindly gifted Burabai with valuables from its mineral depository. They are as following: Okzhetpes – the most beautiful crag (Kasakhs used to call it "one can't reach it by an arrow"), Zhumbaktas (puzzle-stone), in the Burabai bay resembling either a mysterious sphinx with frozen fearless traits, or a thoughtful, young man with hair flying; vast stony sculptures, resembling a camel, a dog, a cow.

Burabai pine forest is good at any time, in every weather.

In winter the pine forest is covered with white snow, in summer – a light wind blows up the aromatic resinous waves, in autumn – the forest smells the peculiar air, a mixture of wet pine rind with mushrooms and herbs.

- 18 thousand ha. are meant for light birch forests.
- It is a unique place for those who collect medicinal herbs.
- It is a home place for more than 200 kinds of birds.
- It is the right place to walk, to breathe, to watch, listen and examine.

Burabai is a resort, known far beyond Kazakhstan, rich in health centers, which are involved in climalology treatment and treatment by cumus (horse's milk).